



# PROGRAMS OF **study**



## **ALCOHOL & DRUG COUNSELOR**

### CERTIFICATE

#### **Program Description:**

Upon completion of the Alcohol and Drug Counselor certification program students will be prepared to work in the field of substance use disorder treatment. Areas of study include: models of addiction, chemical dependency, substance abuse counseling, trauma, crisis intervention and case management. Graduates of the certificate degree will be eligible to apply to take the Certified Alcohol and Drug Counselor exam offered by the State of Maine Board of Alcohol and Drug Counseling. The certificate coursework also aligns with the requirements for the Behavioral Health Studies Associates degree offered at YCCC for students who wish to continue their education.

**Program Learning Outcomes:** Students who successfully complete the Alcohol and Drug Counselor Certificate will be able to:

1. Evaluate the various treatment modalities and program interventions used as best practices in the field of drug and alcohol counseling, including the skills and competencies required of the treatment professional.
2. Analyze the major components of an effective drug and alcohol prevention program.
3. Identify the appropriate classifications of drugs of abuse reflecting the major physiological and behavioral effects.
4. Utilize assessment instruments and be able to complete a biopsychosocial assessment and a treatment plan.
5. Develop awareness of attitudes and biases that may impact personal effectiveness as a counselor and identify self-care tools and coping mechanisms.

**Career Opportunities:** Graduates of the Alcohol and Drug Counselor Certificate program will be eligible for entry level positions in a variety of settings including hospitals, both in-patient and out-patient substance use disorder programs, schools, human service agencies, and residential treatment facilities. Specific jobs may include, but are not limited to; case manager, crisis intervention specialist, substance use disorder counselor, community organizer, residential behavioral health technician and care coordinator. Graduates may work with a wide variety of clients including both adolescents and adults of all ages.

*Articulation agreements exist between York County Community College and various colleges and universities.  
Please, contact Career and Transfer Services for information regarding these agreements.*

#### **DISCLAIMER**

*While every effort has been made to ensure accuracy, the college reserves the right to make edits due to errors or omissions or changes at any time with respect to course offerings, degree and program requirements addressed in this publication. The information provided is solely for the convenience of the reader, and the college disclaims any liability, which may otherwise be incurred.*

**Updated 11/2022**

## Alcohol and Drug Counselor Certificate Program

**Alcohol and Drug Counselor Certificate Program Sequencing:** The sequencing of courses in this program begins in the first seven-week fall semester. Students entering the program in the spring or summer may take longer to complete the certificate.

<i>Curriculum Requirements: 31 Credits</i>	<i>Credits</i>	<i>Grade</i>	<i>Semester</i>
<b>First Seven Week, Fall semester (7 credits)</b>			
HUS101 Introduction to Human Services	3		
PSY101 Introduction to Psychology	3		
SWO102 Wellness for Professionals	1		
<b>Second Seven Week, Fall semester (6 credits)</b>			
PSY230 Abnormal Psychology	3		
SWO111 Case Management	3		
<b>First Seven Week, Spring Semester (6 credits)</b>			
PSY232 Introduction to Counseling	3		
PSY228 Addiction and Substance Abuse	3		
<b>Second Seven Week, Spring Semester (6 credits)</b>			
PSY244 Psychosocial Rehabilitation	3		
PSY234 Trauma and Recovery	3		
<b>First Seven Week, Summer semester (6 credits)</b>			
SWO112 Crisis Intervention	3		
SWO201 Alcohol and Drug Counselor Overview	3		
<b>Total Credits</b>	<b>31</b>		

Certificate programs at YCCC are designed to lead to either employment and/or college transfer, and we want to provide prospective students with gainful employment disclosure information prior to admission/enrollment in those programs. Please follow this link for more information: <http://www.yccc.edu/about-yccc/college/consumer-info/>