



# PROGRAMS OF **study**

## **BEHAVIORAL HEALTH STUDIES**

### **ASSOCIATE IN APPLIED SCIENCE**



#### **Program Description**

The Associate in Applied Science Behavioral Health Studies program is designed to prepare students with the necessary knowledge and skills to pursue a position in the mental health field or continue their studies at the Baccalaureate level. Areas of study include trauma, vocational rehabilitation, substance abuse issues, human development, cultural awareness, counseling theories, and the role of mental health providers. *Graduates of the associate degree program are eligible to receive their Mental Health Rehabilitation Technician Community Certification (MHRT/C) by virtue of their degree.* This certificate represents the minimum licensing qualifications necessary for working in the mental health field in Maine and is required for all positions funded by the Maine Department of Health and Human Services. Graduates of this program will obtain a marketable degree with embedded certification which will allow them to work with multiple populations including individuals confronting mental illness, developmental delays, substance abuse, and other behavioral health conditions.

#### **Program Learning Outcomes**

Students who successfully complete the Associates in Applied Science in Behavioral Health will be able to:

- Demonstrate an understanding of the ethical principles involved in the human service field and how situational factors might impact the interpretation of those principles.
- Engage in assessment and collaborative service planning with clients, their families, and human service professionals by clearly communicating strengths and needs based information.
- Demonstrate awareness of factors which may inhibit access to services including issues related to finances, culture, language, mental health problems and cognitive disabilities.
- Demonstrate an awareness of personal and professional development in order to remain effective and promote optimal functioning for the self and clients.
- Utilize technical skills to effectively gather, analyze, evaluate, and share data while conforming to both legal and ethical guidelines for accessing and distributing confidential information.
- Demonstrate awareness of diversity and the ability to communicate across cultures.
- Locate both formal and informal support systems available in the community and facilitate client engagement with those systems.



#### **Career Opportunities**

Qualified graduates of the Behavioral Health program will be eligible for entry level employment at community health centers, hospitals, schools, social service and mental health programs, and child care settings. Specific jobs may include, but are not limited to, Community Support Worker, Residential Service Worker, Rehabilitation Technician, Youth and Family Counselor, Education Technician II, Case Manager, Direct Support Professional, Life Skills Coach, and In-home Support Worker.

## BEHAVIORAL HEALTH STUDIES, A.A.S. ASSOCIATE IN APPLIED SCIENCE

*The sequencing of courses in this program begins in the fall or spring semesters.  
Students entering in the summer will likely take longer than two years to complete the program.*

Curriculum Requirements: 61 Credits	Credits	Grade	Semester taken/anticipated
<b>First Year, Fall Semester</b>			
ENG 101 College Composition	3		
Mathematics course from Core IV	3		
PSY 101 Introduction to Psychology	3		
HUS 101 Intro Human Services	3		
SOC 101 Introduction to Sociology	3		
<b>Semester Total</b>	<b>15</b>		
<b>First Year, Spring Semester</b>			
SPE 101 Oral Communications	3		
PSY 210 Psychology Across the Lifespan	3		
PSY 230 Abnormal Psychology	3		
Computer literacy (CIS 115 or CIS 118)	3		
PHI 102 Ethics in Contemporary Society	3		
<b>Semester Total</b>	<b>15</b>		
<b>Second Year, Fall Semester</b>			
SOC 210 Social Problems	3		
PSY 232 Introduction to Counseling	3		
PSY 234 Trauma and Recovery	3		
Program elective	3		
General Education Core IV, Lab Science	4		
<b>Semester Total</b>	<b>16</b>		
<b>Second Year, Spring Semester</b>			
PSY 244 Psychosocial Rehabilitation	3		
Program Electives	9		
Open Elective	3		
<b>Semester Total</b>	<b>15</b>		

*Articulation agreements exist between York County Community College and various colleges and universities.  
Please, contact Career and Transfer Services for information regarding these agreements.*

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