



PROGRAMS OF **study**

BEHAVIORAL HEALTH STUDIES

ASSOCIATE IN APPLIED SCIENCE



The sequencing of courses in this program begins in the fall or spring semesters. Students entering in the summer will likely take longer than two years to complete the program.

Program Description

The Associate in Applied Science Behavioral Health Studies program is designed to prepare students with the necessary knowledge and skills to pursue a position in the mental health field or continue their studies at the Baccalaureate level. Areas of study include trauma, vocational rehabilitation, substance abuse issues, human development, cultural awareness, counseling theories, victim advocacy and the role of mental health providers. Graduates of the associate degree program are eligible to receive their Mental Health Rehabilitation Technician Community Certification (MHRT/C) by virtue of their degree. This certificate represents the minimum licensing qualifications necessary for working in the mental health field in Maine and is required for all positions funded by the Maine Department of Health and Human Services. They will also be eligible for certification, at the provisional level, as a Victim Advocate by the National Advocate Credentialing Program. Graduates of this program will obtain a marketable degree with two embedded certifications which will allow them to work with multiple populations including individuals confronting mental illness, developmental delays, substance abuse, and other behavioral health conditions.

Program Learning Outcomes

Students who successfully complete the Associates in Applied Science in Behavioral Health will be able to:

- Articulate an understanding of the ethical principles involved in the human service field and how situational factors might impact the interpretation of those principles.
- Engage in assessment and collaborative service planning with clients, their families, and human service professionals while understanding the potential barriers clients may face in accessing resources.
- Demonstrate an awareness of personal and professional development in order to remain effective and promote optimal functioning for the self and clients.
- Utilize technical skills to effectively gather, analyze, evaluate, and share data while conforming to both legal and ethical guidelines for accessing and distributing confidential information.
- Communicate the importance of inclusion, cross-cultural sensitivity and diversity.



Career Opportunities

Qualified graduates of the Behavioral Health program will be eligible for entry level employment at community health centers, hospitals, schools, social service and mental health programs, and child care settings. Specific jobs may include, but are not limited to, Community Support Worker, Residential Service Worker, Rehabilitation Technician, Youth and Family Counselor, Education Technician II, Case Manager, Direct Support Professional, Life Skills Coach, **Victim Advocate**, and In-home Support Worker.

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BEHAVIORAL HEALTH STUDIES, A.A.S. ASSOCIATE IN APPLIED SCIENCE - Full Time

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Curriculum Requirements: 61 Credits	Credits	Grade	Semester
First Year, Fall Semester (15 credits)			
ENG 101 College Composition	3		
HUS 101* Introduction to Human Services	3		
MAT 124 Statistics	3		
PSY 101 Introduction to Psychology	3		
SOC 101 Introduction to Sociology	3		
First Year, Spring Semester (15 credits)			
PHI 102 Ethics and Contemporary Society	3		
PSY 210* Psychology Across the Lifespan	3		
PSY 228 Addictions and Substance Abuse	3		
PSY 230* Abnormal Psychology	3		
SPE 101 Oral Communications	3		
Second Year, Fall Semester (16 credits)			
General Education Core IV, Lab Science (BIO 106/107 General Biology recommended)	4		
PSY 232* Introduction to Counseling	3		
PSY 234* Trauma and Recovery	3		
SOC 210* Social Problems	3		
Open Elective	3		
Second Year, Spring Semester (15 credits)			
PSY 244* Psychosocial Rehabilitation	3		
SOC 136 Race, Gender, Class and Ethnicity	3		
SWO 110 Introduction to Victim Advocacy	3		
Program Electives	6		

Program Elective List:

Any BHS, CJS, EDU, GRN, HUS, PSY, SOC, or SWO course

ECO 110 Macroeconomics

ECO 120 Microeconomics

HUM 201 Multicultural America

POS 101 American Government

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BEHAVIORAL HEALTH STUDIES, A.A.S. - Part Time

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Curriculum Requirements: 61 Credits -	Credits	Grade	Semester
First Year, Fall Semester (9 credits)			
ENG 101 College Composition	3		
HUS 101* Introduction to Human Services	3		
PSY 101 Introduction to Psychology	3		
First Year, Spring Semester (6 credits)			
MAT 124 Statistics	3		
SOC 101 Introduction to Sociology	3		
Second Year, Fall Semester (9 credits)			
PHI 102 Ethics and Contemporary Society	3		
SOC 210* Social Problems	3		
Program Elective	3		
Second Year, Spring Semester (6 credits)			
PSY 210* Psychology Across the Lifespan	3		
PSY 230* Abnormal Psychology	3		
Third Year, Fall Semester (7 credits)			
PSY 234* Trauma and Recovery	3		
General Education Core IV, Lab Science (BIO 106/107 General Biology recommended)	4		
Third Year, Spring Semester (9 credits)			
PSY 244* Psychosocial Rehabilitation	3		
SWO 110 Introduction to Victim Advocacy	3		
PSY 228 Addiction and Substance Abuse	3		
Fourth Year, Fall Semester (9 credits)			
PSY 232 Introduction to Counseling	3		
Program Elective	3		
Open Elective	3		
Fourth Year, Spring Semester (6 credits)			
SPE 101 Oral Communications	3		
SOC 136 Race, Gender, Class and Ethnicity	3		

Program Elective List:

Any BHS, CJS, EDU, GRN, HUS, PSY, SOC, or SWO
 ECO 110 Macroeconomics
 ECO 120 Microeconomics

HUM 201 Multicultural America
 POS 101 American Government

Articulation agreements exist between York County Community College and various colleges and universities. Please, contact Career and Transfer Services for information regarding these agreements.

DISCLAIMER

While every effort has been made to ensure accuracy, the college reserves the right to make edits due to errors or omissions or changes at any time with respect to course offerings, degree and program requirements addressed in this publication. The information provided is solely for the convenience of the reader, and the college disclaims any liability, which may otherwise be incurred.

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