



# PROGRAMS OF **study**



## **COMMUNITY MENTAL HEALTH CERTIFICATE**

### **Program Description**

The Community Mental Health Certificate Program is designed to prepare students with the necessary knowledge and skills to pursue a position in the mental health field or provide an opportunity for advancement through credentialing for those already working in the field. Areas of study include trauma, vocational rehabilitation, substance abuse, listening/communication techniques, and cultural awareness. Upon completion of the certificate requirements students are eligible to apply for the Mental Health Rehabilitation Technician Community (MHRT/C) certificate through the State of Maine. This certificate represents the minimum licensing qualifications necessary for working in the mental health field in Maine and is required for all positions funded by the Maine Department of Health and Human Services. The courses in this program are transferable to the Behavioral Health Studies program.

### **Program Learning Outcomes**

Students who successfully complete the Community Mental Health Certificate will be able to:

1. Demonstrate cultural awareness and sensitivity to working with diverse populations.
2. Utilize listening and communication techniques which demonstrate an empathic and non-judgmental approach to helping clients.
3. Articulate awareness of the importance of self-care and what that means for them as an individual.
4. Collaborate with clients to optimize access to services.
5. Recognize the importance of adhering to ethical guidelines relating to issues such as confidentiality and providing services in the least restrictive setting.



### **Career Opportunities**

Qualified graduates of the Community Mental Health certificate will be eligible for entry level employment at community health centers, hospitals, schools, social service and mental health programs, and child care settings. Specific jobs may include, but are not limited to, Community Support Worker, Residential Service Worker, Rehabilitation Technician, Youth and Family Counselor, Case Manager, Direct Support Professional, Life Skills Coach, and in-home Support Worker.

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## **Community Mental Health Certificate Program Sequencing** (intended for part-time study)

The sequencing of courses in this program begins in the fall semester. Students entering in the spring or summer will likely take longer than one year to complete the program.

*\*Intended for part-time study*

Curriculum Requirements: 27 credits	Credits	Grade	Semester
<b>First Year, First Seven Week Fall Semester I (9 credits)</b>			
HUS 101 Introduction to Human Services*	3		
PSY 101 Introduction to Psychology	3		
SOC 101 Introduction to Sociology	3		
<b>First Year, Second Seven Week Fall Semester I (6 credits)</b>			
PSY 210 Psychology Across the Lifespan*	3		
PSY 230 Abnormal Psychology*	3		
<b>First Year, First Seven Week Spring Semester I (6 credits)</b>			
PSY 232 Introduction to Counseling*	3		
SOC 210 Social Problems*	3		
<b>First Year, Full Spring Semester (6 credits)</b>			
PSY 234 Trauma and Recovery*	3		
PSY 244 Psychosocial Rehabilitation*	3		

*\*Indicates courses that must be taken at York County Community College in order to be eligible to apply for the MHRT/C Certificate*

Certificate programs at YCCC are designed to lead to either employment and/or college transfer, and we want to provide prospective students with gainful employment disclosure information prior to admission/enrollment in those programs. Please follow this link for more information: <https://www.yccc.edu/about-us/about-yccc/consumer-info/>

*Articulation agreements exist between York County Community College and various colleges and universities.. Please, contact Career and Transfer Services for information regarding these agreements.*

### **DISCLAIMER**

*While every effort has been made to ensure accuracy, the college reserves the right to make edits due to errors or omissions or changes at any time with respect to course offerings, degree and program requirements addressed in this publication. The information provided is solely for the convenience of the reader, and the college disclaims any liability, which may otherwise be incurred.*