



# Lyme Disease Workshop

*What is Lyme Disease?*

*Does Chronic Lyme Disease exist?*

It is the fastest growing and most prevalent insect-borne infection in the United States, and it is a worldwide epidemic. What's the history behind this seemingly new epidemic? How can someone prevent infection? And if one contracts the illness, what can be done to successfully manage the infection and the myriad effects? This work-shop is intended to clarify some of the confusion surrounding Lyme Disease and to empower participants so that they understand the principles of treatment and recovery.

**Wednesday, June 17, 2015**

**10am – 12pm in the YCCC Mid-Café**

**FREE of CHARGE**

*Presenter **Dr. Timothy Kingsbury** is a native of Massachusetts who fell in love with the beauty of Maine during his years at Bowdoin College. After practicing as a Physician Assistant for five years he attended the University of New England College of Osteopathic Medicine doing postgraduate work at the former Osteopathic Hospital of Maine. Since 1988 he has had a general practice of Osteopathic Medicine in Kittery, Maine. He passionately pursues an understanding of the rhythms of nature and their relationship to healing.*

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