



Grandchildren coming to visit this summer?

Looking for some fun and exciting things for them to do?

You may find it here at our College for Kids!

Schedule coming soon on the website.

www.yccc.edu/collegeforkids

SOUTH COAST SENIOR COLLEGE

@ York County Community College
112 College Drive, Wells, ME



For more information or to
register for a class call:
207-216-4344

York County Community College is grateful to the Kennebunk Savings Bank Foundation's Huntington Common Charitable Fund for Seniors for its generous support of our South Coast Senior College courses and programs.

SOUTH COAST SENIOR COLLEGE @
York County Community College
112 College Dr.
Wells, ME 04090



LECTURES

FEBRUARY

Overwhelmed with options on your iPhone or Android?

Join our workshop to learn about features, apps and other applications on your phone!

This will be a two week event with the first two-hour class spent learning about your phone's abilities and practicing specific features. Two weeks later, the class will re-convene for review and additional practice.

Date: 2 Thursdays, February 16th & March 2nd

Time: 1:00 p.m. - 3:00 p.m.

Rooms: CBR week 1 / C216 week 2

Instructors: Gianna Olson & Irish Dils, 8th graders, Kennebunk Middle School, Margaret Marcucci, Mom Cindi Flow, Senior College Advisory Board
Please bring your own phone to practice with during the class.

MARCH

What's Your Blood? Violence, Veils & Bloodlines: Reporting from War Zones in Europe, Asia, & Africa - Lecture followed by Q & A

Review by Doug Struck, former Washington Post foreign correspondent: "Salome is relentlessly clear-eyed as we go with him on his journeys. We flee with him on a makeshift raft from Kurdistan with Saddam's forces close behind. We chase Iraqi scud strikes in Tel Aviv, a city emptied by fear of poison gas. We witness a ritual slaughter and dip our hands in sheep's blood with what's left of the Biblical Samaritans on Mt. Gerizim. "We run under Syrian artillery guns in a darkened catamaran to slip into a Lebanese harbor at war. We inch through treacherous tunnels in Afghanistan's fabled Hindu Kush mountains. We watch women and children approach death in Somalia. We race past check posts in Uzbekistan with a haughty poseur general recruiting Jews to leave for Israel. "This diary of travels in so many lands of misery is leavened by Salome's unquenchable willingness to amuse and be amused by absurdities he confronts. And it is framed by his keen insight into the tribal motivations that are the tinder for the flames of violence. We come away saddened at what tribes do to each other, yet heartened by the humanity that Salome always manages to find. "It is a wonderful book, a rare opportunity to be a companion to a road-worn, wise, but never weary observer of the world's woes."

Date: Wednesday, March 15th

Time: 10:00 a.m. - 12:00 p.m.

Room: Mid-Café

Presenter: Lou Salome

Book website: www.louisjsalome.com

APRIL

Write a Fantastic Children's Book & Get it Published

If you would like to write a children's story for your grandchildren or wish to publish this book, this is the course for you. We will learn the key elements of page-turning storytelling for all ages and how to use these elements in telling an exciting children's story. In class we will actually develop an original children's story that a child would love to read.

Janis Hennessey has published 13 children's books in English and French. She is currently working on book #14 and a third series.

Date: Wednesday, April 26th

Time: 10:00 a.m. - 12:00 p.m.

Room: CBR

Presenter: Jan Hennessey

MAY

The Therapeutic Value of Horseback Riding

Horses and Seniors! If you rode as a child or just always wanted to, better late than never! Is a horseback ride on the beach at the top of your bucket list or do you just want to enjoy a therapeutic grooming session or a quiet walk around an indoor arena? Elaine King is a lifelong horse lover and owner and has been manager, riding instructor and horse trainer at Riverhurst Farm in Kennebunk for 19 years. She would love to show you what is available in this area so you too can enjoy the wonder of horses!

Date: Wednesday, May 24th

Time: 10:00 a.m. - 12:00 p.m.

Room: CBR

Instructor: Elaine King

JUNE

Close Encounters A Look Behind the Scenes

Nancye Tuttle, a journalist for nearly 40 years, writes about the arts, theater and personality profiles for the Lowell Sun and Weekly Sentinel. Her writing has also appeared in the Boston Globe and numerous magazines, including New England Travel, New England Condominium and Merrimack Valley Magazine. In her illustrated talk, she'll share details of lunch with Julia Child, being backstage with Walter Matthau at the Tony Awards and numerous other close encounters with stars like George Clooney, John Travolta, Robin Williams and Tom Cruise at various entertainment extravaganzas. Tuttle is currently working on a memoir about her life as a journalist and these stories are a part of it.

Date: Wednesday, June 14th

Time: 10:00 a.m. - 12:00 p.m.

Room: CBR

Presenter: Nancye Tuttle

COURSES

Life Story Writing Group

Meets once a month for 2 hrs.

Many of us plan to record the memorable events of our lives, but need some structure to get us started and focus to keep us going. This monthly two hour writing group will help you recall, organize, and write those episodes. We will meet four times during spring session (March, April, May, and June) and four times in the fall (September, October, November, and December). Enjoy the encouragement and support of writing and sharing with others in a comfortable and safe atmosphere.

Sheila Reaman, a veteran classroom teacher and writing consultant, taught Life Story classes at Portland Adult Education and at several Independent Living Communities. An adjunct faculty member of Lesley College in Cambridge, MA, she traveled throughout the country, teaching educators at the graduate level. Sheila created Serendipity Writing as a professional development program for teachers and personal writing classes for adults. She also taught a life story course for South Coast Senior College this past fall.

Date: Wednesdays, 3/8, 4/12, 5/10, 6/14

Time: 10:30 a.m. - 12:30 p.m.

Room: C214

Instructor: Sheila Reaman

APPRECIATING ABSTRACT ART: Paint to Learn

Understanding and appreciating abstract art is challenging. Can we learn more by trying it? Put yourself in Picasso's shoes and pick up a palette knife or brush to see for yourself how he used composition, perspective, color and texture in ways the art world had never seen before. We'll paint like abstract master Jackson Pollock whose splashes, drips and dabs captured motion and try our hands at making Paul Klee's whimsical cartoon portraits of clowns and birds. Along the way, we can learn a little art history and have lots of fun!

Barbara Albert, abstract artist and President of NH Art Association, holds Masters (SUNY-Museum Studies 1992) and Bachelors (Mass College of Art-Art Ed 1965) degrees. She has taught art for most of her 73 years and delights in finding new ways to make it more fun.

Date: Wednesdays, April 5th - April 26th

Time: 10:00 a.m. - 12:00 p.m.

Room: C122

Instructor: Barbara Albert

Homeward Bound: An Examination of the Meaning of Home in our Lives.

6 week course / 2 hour sessions

Mention the word 'home' and emotions bubble up, memories take shape, and we may feel a tug to be "homeward bound". We are a people of place with place factoring greatly in our psychological wellbeing. Psychological and sociological theories have tried to

help us to understand this concept. Poets, musicians, and story tellers have written for centuries about home. Novelist Thomas Wolfe claimed that we can't go home again; poet Robert Frost opined that home is the place where they have to take you in; and Simon & Garfunkle wrote "I wish I was homeward bound, home where my thought's escaping, home where my music's playing, home where my love lies waiting, silently for me". In this class, participants will discuss the meaning of home throughout their lives and will write short pieces in class, exploring experiences with home. We will read poetry, short stories, listen to songs, explore the various theories about home, and contemplate the many expressions for home in our collected vocabularies. Students will leave this class with a more complete meaning of home in their lives.

Susan Dahlgren Daigneault, EdD. is a retired school counselor and university professor who loves to write and enjoys teaching adults. Sunbury Press has published her first book about her father (In the Shadow of a Mountain: A Soldier's Struggle with PTSD). Several of her stories and essays have been published in Echoes magazine, in Goose River Anthology, and in USM's Senior College literary journal, Reflections. Sue has taught several courses for South Coast Senior College.

Date: Thursday, March 30th - May 4th

Time: 12:30 p.m. - 2:30 p.m.

Room: B101

Instructor: Susan Dahlgren Daigneault, EdD

The Feminine Divine or the Ancient Goddess Tradition

One of the first found feminine goddess figurines dates back to 40,000 BCE. Since then, and until 350 BCE, a feminine force played an important role in the cultures of various peoples all over the world, particularly in Europe and the Mediterranean. In this six week course we will explore the ways and the places these ancient goddesses were found. We will also look at the groundbreaking work of the women who discovered and studied them. During class we will listen to CD's, look at images, and discuss our reactions and thoughts about these ancient figurines.

The Reverend Marjean Baily is a retired Episcopal minister with an interest in feminine spirituality and the nature of the divine. Since her retirement, she has traveled to France, Switzerland, Crete, Sicily, Malta, Turkey, South Korea and other countries to learn about and experience the Ancient Goddess Tradition.

Date: Tuesdays, April 4th - May 9th

Time: 12:30 p.m. - 2:30 p.m.

Room: B207

Instructor: Marjean Baily

COURSES

What is this Climate Change that we are hearing about? Is it a problem?

4 weeks / 2 hour sessions

Climate is the weather measured over long periods of time. According to the United States Environmental Protection Agency (EPA) the climate is changing more rapidly over the last 40 years than it had been changing over the last century. "The global average temperature has increased by more than 1.5°F since the late 1800's. Two-thirds of the warming has occurred since 1975, at a rate of roughly 0.3°F → 0.4°F per decade." The question is not that it is happening, the question is what may be the cause and what difference does it make? In this class we will exam some of the evidence and discuss some of the possible causes and what, if anything, is being done about or should be done.

Rita Perron is an adjunct instructor at York County Community College, a retired administrator who has worked in schools in Maine and Alaska. She serves on the South Coast Senior College Board.

Date: Thursdays, March 2nd - March 23rd

Time: 2:30p.m. - 4:30 p.m.

Room: C112

Instructor: Rita Perron

Floral Arrangement : Go Creative

4 weeks

Flowers are fun!! Learn to make arrangements with fresh flowers, silk flowers, dry flowers and forced bulbs!! Dianne has been doing flowers for over 40 years. She is a former member of the Wachusett Garden Club and The Garden Conservancy in Massachusetts. Her gardens have been on garden tours. The class supplies will be provided by the instructor for \$50 for the entire course.

Date: Wednesdays, March 8th - March 29th

Time: 12:30 p.m. - 2:30 p.m.

Room: C122

Instructor: Dianne Trachimowizz (Flowers by Di)

Issues Regarding Contemporary Food

2 sessions/2 hours each

We will examine the controversy of genetically modified food versus non-genetically modified food and the impact on the public. The effects of these farming practices of both the quality and quantity of food in our local community, nation and global impacts will be discussed. The challenge of feeding the world has many implications for all of us.

Umberto A. Marcucci is a Korean War Veteran, Parsons School of Design graduate in 1957, has strong interests in wine, food, history and architecture. He is retired and going back to the basics with his Sicilian wife, Jean, of 63 years.

Date: Wednesdays, March 15th - March 22nd

Time: 10:30 a.m. - 12:30 p.m.

Room: B207

Instructor: Umberto A. Marcucci

Broadway Musicals:

The Intriguing Decade of the 60's

8 weeks

The musicals of the 60's provide an intriguing diversity of settings and themes: from *Camelot* to *Fiddler on the Roof* to *Cabaret* – all the way to *Jesus Christ Superstar*. Whether you experience musicals on stage or via the movies, come and learn about or review and discuss the musicals of that glorious era. Topics will include storyline, composer(s), and music against the backdrop of time. Class time will also briefly include viewing some musical highlights of each production in order to burnish those cherished memories that are such an integral part of the Broadway adventure!

Lorraine Dutille Masure is a former University of Maine System administrator. Now retired, this is her thirteenth semester leading Senior College courses, and she considers the journey pure delight! She holds a Bachelor's degree in English and a Master's degree in Adult Education.

Dates: Fridays, April 7th - May 26th

Time: 10:00 a.m. - 12:00 p.m.

Room: C220

Instructor: Lorraine Masure

South Coast Senior College is a casual learning environment open to everyone 50+ in York County and Seacoast NH. There are no tests, no papers and no previous college experience necessary. These are non-credit courses taught and facilitated by volunteers (your peers). Lectures are free and open to the public. Cost is \$25 for annual membership and an additional \$25 for each course. Most courses are held at York County Community College.

South Coast Senior College is part of the Maine Senior College Network (MSCN), which began in 1997 at the University of Southern Maine in Portland, and is currently a consortium of 17 independent groups from York County to Fort Kent. Membership in other Maine Senior Colleges is honored.

For more information or to register for a class call: **207-216-4344**

Visit our website: www.yccc.edu/SeniorCollege



COURSES

Book Talk is Back!

The return of this course will feature various genres of reading. The author's life and the historical context of the book will also be discussed. This is a fun course that will stimulate many discussions and points of view. We will cover one book a week but the list will be available to you three months in advance. Read at your leisure and be sure to take notes so that you can recall the details. Something for everyone is scheduled from classics to non-fiction.

Book list in the order of discussion:

Devil in the White City.....Eric Larson

Small and Great Things.....Jodi Picoult

Boone Island.....Kenneth Roberts

The Quiet American.....Graham Greene

The Late George Apeley.....John Marquand

Fighting Chance.....Elizabeth Warren

Angle of Repose.....Wallace Stegner

Cover Her Face.....P D James

Date: Fridays, April 7th - May 26th

Time: 10:00 a.m. - 12:00 p.m.

Room: B205

Instructor: Arlene Jackson

Arlene has returned to her first love which is teaching, books, being her second love. She has been teaching at Senior College since its inception and enjoys all of the ambiance that this organization brings.

Seniors and Technology - A Survival Guide to Safe Computing for the Uninitiated

"Russian hackers had penetrated the DNC email system" "1 billion Yahoo accounts have been stolen in the biggest hack ever" When you hear on the news of these new attacks on a familiar website or an important organization, could this happen to you? Have you ever felt lost when your computer locks up? It is a jungle out there with lots of scammers and hackers trying to find an advantage or create havoc on the World Wide Web. Come listen to learn how you can protect yourselves and how safely navigate these troubling waters.

Henk Schalke grew up in the Netherlands and received his Bachelor's and Master's degrees from Dutch Poly Technical schools. He immigrated to California in the early seventies and has lived on both coasts. His career has been in technology. He has traveled extensively and has been on every continent in the world.

Date: Wednesdays, April 12th - May 3rd

Time: 10:30 a.m. - 12:30 p.m.

Room: B207

Instructor: Henk Schalke

History of Spain

8 two-hour sessions

This eight week course provides students an understanding of the factors which made Spain a very unique country. The most important, contributory factor about Spain which will be discussed in detail is the Spanish topography, as compared to the rest of Europe. Its features contributed to the unique regionalism that Spain displays in culture and language. Other subjects to be discussed are the invasion of the Moors in 711AD, whose influence lasted several centuries; the Re-conquest; and the birth of the New World which forever changed geographical and cultural boundaries. Additional historical events of Spain shall be discussed as time allows.

Zenaida has a degree in Pharmacy (Cuba) and Microbiology (Wayne State, Michigan). In Cuba, she taught high school Biology and Chemistry. In the U.S., she worked as a Clinical Microbiologist and trained technicians and other medical personnel. She also conducted bilingual training for employees in many areas. She has taught at South Coast Senior College for many semesters.

Date: Fridays, March 3rd - April 21st

Time: 9:00 a.m. - 11:00 a.m.

Room: B107

Instructor: Zenaida Maicas

Watercolors: An Introduction

8 two-hour sessions

This course has been designed for beginners and presents students with the "essentials" of the medium and techniques required to get started in this art form. Students will participate in painting activities in each class. Materials required will be discussed at the first class. The instructor shall provide materials for the first two classes.

Date: Thursdays, March 2nd - April 20th

Time: 9:30 a.m. - 11:30 a.m.

Room: C120

Instructor: Zenaida Maicaes

Refund Policy

You will receive a 100% refund if you cancel before the class begins. No refund after that point. No refunds are given for annual membership fees. To transfer from one course to another, or to drop a course, call 207-216-4344.

If a class is canceled due to low enrollment, you will be notified and offered the option for an alternate course.

COURSES

De-mystifying Poetry for your Personal Pleasure 6 Weeks

Those who may be curious about, but a bit intimidated by poetry are encouraged to attend this class, for you will discover that you may “kinda-sorta” make sense of many poems after all. You certainly will learn to appreciate the poet as an artist who often creates pictures, emotions, and actions with words. In class we will learn some of the ways to “un-pack” a poem. We will look at a variety of poems together, look at how the poet uses language and imagery, and discuss possible interpretations of different poems. We will also share poems we enjoy and have enjoyed in the past.

Nancy Kranes was an Adjunct faculty member of Massasoit Community College in Brockton, MA where she taught classes in literature, composition, and writing before embarking upon a full time teaching career in the English Department of Newton North High School, Newton, MA.

Date: Wednesdays, March 1st - April 5th
Time: 2:30 p.m. - 4:00 p.m.
Room: B207
Instructor: Nancy Kranes

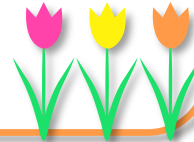
What About These Tools? 4 weeks

For women interested in learning how to use the tools they own for quick repairs or to build small projects...as well as some plumbing basics! Each week will focus on bringing selected tools from your toolbox and Dick will teach you the basics and you will practice using them! Dick is a master carpenter. He is retired from the Texas Highway Department and also owned his own construction company. He enjoys using his skills to enrich the lives of others and is looking forward to teaching people how to use what they have to repair or do small projects around the house!

Date: Thursdays, April 6th - April 27th
Time: 10:00 a.m. - noon
Instructor: Dick Flow
Location: 2 Waterford Greene Drive, Kennebunk
Course is limited to 8 women
Students will need to sign a waiver before participating in this class

Directions to Campus

From the Maine Turnpike, North or South, take Exit 19 (formerly Exit 2) in Wells. Take a left onto Route 109. Take the first right, onto Chapel Road. The College is on College Drive, approximately a half mile on the right. Going North on Route 1, take a left on Chapel Road, (just past Mile Road), follow ¾ mile, then take a left onto College Drive. Going South on Route 1, take a right on Chapel Road, (just past Dunkin Donuts), follow ¾ mile, take a left onto College Drive.



Tribes Rule: Roots of Conflict in Afghanistan, Iraq & Syria 4 two-hour sessions

This course will untangle the essential tribal causes of the ongoing conflicts in Syria, Iraq and Afghanistan. The beliefs and behaviors that bring people together also divide them from others comprise. This is what I call tribalism. For ten years, I reported from Northern Ireland to Afghanistan and Pakistan. In country after country, I witnessed tribalism as the common source of conflict.

Louis Salome, author of *Violence, Veils, and Bloodlines: Reporting from War Zones in Europe, Asia and Africa*. Lou Salome earned a B.S. from the College of the Holy Cross and an M.A. from Boston College. He is a retired Cox newspapers reporter who has covered the conflicts in Pakistan, Afghanistan, and the Middle East. He reported from the Soviet Union before and after the collapse of communism. From 1993 to 1998, he was based in London and reported from parts of North Africa and Turkey, Russia, Ireland, and Britain. From 1998 to 1993, he was the Cox Newspapers Middle East Correspondent based in Jerusalem. He has won numerous awards for editorial writing, including twice receiving the Distinguished Service Award by Sigma Delta Chi, the National Society of Professional Journalism.

Date: Thursdays, March 2nd - March 23rd
Time: 12:30 p.m. - 2:30 p.m.
Room: B205
Instructor: Louis Salome

Need a Ride to the College?



Shoreline Explorer - Orange Line 5
Year round service between Wells & Sanford
shorelineexplorer.com
FMI call 800-965-5762 or 207-459-2932
One Way \$3 / Round Trip \$5

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Connects Sanford to Wells & Biddeford
Call 48 hours ahead
800-965-5762 or 207-459-9283
One Way \$3 / Round Trip \$5



Real Possibilities

2017 Tax-Aide Site Locator

AARP Foundation Tax-Aide offers free, individualized tax preparation for low-to moderate-income taxpayers - especially those 50 and older at more than 5,000 locations nationwide. Find a location near you by searching below. Don't forget to bring your important documents to the site.

WELLS LIBRARY AARP

1434 POST RD, WELLS, ME 04090-4508

Phone No: (207) 710-0979

Dates Open: 2/7/2017 - 4/18/2017

Site Schedule: TU: 1:00 PM - 6:00 PM

Comments: appointments available call 207-710-0979
leave a message for a call back

Appointment Required: No

Languages: English / **Handicap Accessible:** Yes

KENNEBUNK LIBRARY

112 MAIN ST, KENNEBUNK, ME 04043-7036

Dates Open: 2/2/2017 - 4/13/2017

Site Schedule: TH: 9:30 AM - 12:30 PM

Comments: Walk-In Only.

Appointment Required: No

Languages: English / **Handicap Accessible:** Yes

GOODALL LIBRARY

952 MAIN ST, SANFORD, ME 04073-3509

Phone No: (207) 710-0979

Dates Open: 2/6/2017 - 4/17/2017

Site Schedule: MO: 10:00 AM - 4:00 PM

Comments: Walk ins Welcomed! Closed Feb 20, 2017
Presidents Day for appointment call 207-710-0979
leave a message and we will call back.

Appointment Required: No

Languages: English / **Handicap Accessible:** Yes

SOUTH BERWICK COMMUNITY CENTER

71 NORTON ST, SOUTH BERWICK, ME 03908-1124

Phone No: (207) 384-3310

Dates Open: 2/3/2017 - 4/14/2017

Site Schedule: FR: 11:00 AM - 3:00 PM

Comments: By Appointment 207-384-3310

Appointment Required: Yes

Languages: English / **Handicap Accessible:** Yes

LOUIS GRAVES MEMORIAL LIBRARY

18 MAINE ST, KENNEBUNKPORT, ME 04046-6173

Dates Open: 2/1/2017 - 4/12/2017

Site Schedule: WE: 9:00 AM - 1:00 PM

Comments: No Appointment Required. Walk-In Only.

Appointment Required: No

Languages: English / **Handicap Accessible:** Yes

YORK SENIOR CENTER

36 MAIN ST, YORK, ME 03909-6244

Phone No: (207) 363-1036

Dates Open: 2/7/2017 - 4/18/2017

Site Schedule: TU: 10:00 AM - 3:00 PM

Comments: Appointment Required 207-363-1036

Appointment Required: Yes

Languages: English / **Handicap Accessible:** Yes

LYMAN COMMUNITY LIBRARY

Address: 10 JOHN ST, LYMAN, ME 04002-7312

Phone No: (207) 229-6011

Dates Open: 2/1/2017 - 4/12/2017

Site Schedule: WE: 9:00 AM - 5:00 PM

Comments: Appointment Preferred-call 207-229-6011
or 207-850-1324

Appointment Required: Yes

Languages: English / **Handicap Accessible:** Yes

ROSS CENTER AT BIDDEFORD COMMUNITY CENTER

189 ALFRED ST, BIDDEFORD, ME 04005-3277

Phone No: (207) 710-0979

Dates Open: 2/2/2017 - 4/14/2017

Site Schedule: TH: 10:00 AM - 4:00 PM, FR: 10:00 AM - 4:00 PM

Comments: No Appointment Required. For appointment call
710-0979 leave a message & we will call back.

Appointment Required: No

Languages: English, French / **Handicap Accessible:** Yes

WILLIAM FOGG LIBRARY

116 OLD RD, ELIOT, ME 03903-1343

Phone No: (207) 439-9437

Dates Open: 2/2/2017 - 4/17/2017

Site Schedule: MO: 1:00 PM - 4:00 PM, TH: 10:00 AM - 2:00 PM

Comments: call 207-439-9437 CLOSED Feb 20 Presidents Day

Appointment Required: Yes

Languages: English / **Handicap Accessible:** Yes