



FREE TRAINING OPPORTUNITIES

Health Care

Certified Nursing Assistant (CNA)

In Collaboration with Oxford Hills/Nezinscot Adult Ed South Paris, ME
October 3 - December 22, 2022
Classes Monday & Wednesdays 4 - 8 PM, Clinicals Tuesdays 2 - 10 PM
Students will learn introductory concepts of nursing care, including anatomy, nutrition, medication care as well as disease management. Skills lab and exam costs are included in this 130-hour course. The next cohort of this course will be offered at Lewiston Adult Education in January 2023.

Introduction to Phlebotomy Techniques

Ongoing Courses Offered Fall 2022 - Spring 2023
Learn how to collect specimens, adhere to safety guidelines, maintain patient/technician relationships, and keep proper records. Students who complete this course are able to sit for the National Healthcareer Association's Phlebotomy Technician certification exam.

Certified Pharmacy Technician

Rolling Admissions Online 12 months / 400 hours
Prepare for the Pharmacy Technician Certification Exam (PTCE). Interpreting physician orders, techniques for preparing and stocking medications, and pharmaceutical calculations are all covered.

Behavioral Health Professional

October 10 - November 19, 2022
This program consists of 12 online models by Woodfords Family Services, live online instruction and assessments, one in-person session, plus adult and pediatric first aid and CPR certification. Individuals holding the Behavioral Health Professional (BHP) certification can work in schools or home/community settings.

Basic Life Support

October & November 2022 - Multiple Sessions
This four-hour course covers adult and pediatric American Heart Association CPR, use of the bag-valve mask, airway obstruction, automated external defibrillation (with child AED update), stroke and cardiac arrest and other special resuscitation situations.

Computer Technology

Computer Support Specialist

Enroll at any time! Classes are held on Mondays and Wednesdays or Tuesdays and Thursdays for 13 weeks (CompTIA A+ and CompTIA Fundamentals+)
Windows operating systems, infrastructure, software troubleshooting, applications and software, networking, software development, hardware and network troubleshooting, database fundamentals and security are all covered.

CompTIA Security+ and Network+

Enroll at any time and enjoy flexible classes on Mondays and Wednesdays or Tuesdays and Thursdays
Security+ establishes the core knowledge required of any cybersecurity role and provides a springboard to intermediate-level cybersecurity jobs.
Network+ covers knowledge such as network fundamentals, implementations, operations, security and troubleshooting.

To register, please visit
bit.ly/CWPDRegistration or call 207-755-5280

Central Maine Community College Center for Workforce and Professional Development
workforcedevelopment@cmcc.edu • 207-755-2580
1250 Turner Street, Auburn, ME 04210

Trades

National Center for Construction Bootcamp

October 24, 2022 - November 4, 2022

Modules include: Build Your Future in Construction, Basic Safety, Introduction to Construction Math, Hand Tools, Power Tools, Construction Drawings, and Basic Rigging, along with Basic Communication, Basic Employability Skills and Introduction to Material Handling.

Welding Academy

Coming October 2022

Monday - Friday • 4-week sessions • 40 hours per week • 160 total hours

Learn a new skill! This high-demand field includes jobs in aerospace, automotive, manufacturing, agriculture, and construction industries. The course covers a variety of welding techniques- MIG and TIG welding, tube welding, and much more.

Refrigeration 608

Coming October 2022

Tuesdays & Thursdays 3 - 6 PM

Students identify components and learn operation of refrigeration cycle and heat transfer. Along with testing equipment, demonstrating proper application and safety, the EPA 608 exam cost is covered. This course meets Efficiency Maine Heat Pump Installer requirements.

Heat Pump Installer

November 2022

This 40-hour course covers how to professionally install heat pump indoor units, outdoor units, and line sets. Upon completion of this course, and the separately offered CMCC course EPA Section 608 Refrigerant Handling, the student will qualify to work for Maine contractors installing heat pumps statewide. CMCC is an Efficiency Maine Registered Trainer for Heat Pump Installer Training.

General Carpentry

November 15, 2022 - March 10, 2023

Tuesdays 2.5 hours Zoom and Fridays 9 hours

This curriculum includes stair layout, building envelope, building materials and fasteners, construction plans and documents, floor systems, orientation to carpentry, principals of site building and layout, roof framing, and wall systems.

High Pressure Boiler Operator

Spring 2023

This course offers a practical approach, knowledge, and techniques to power plant operation and is designed to prepare the student to sit for the Maine Licensing Exam. Upon completion of this course and the required in-service experience, the student can take the licensing exam at Central Maine Community College.

Education

Child Development Associate

Ongoing Registration Offered Fall 2022- Spring 2023

Take the first steps to becoming a qualified early childhood educator with a Child Development Associate (CDA) Credential. Be paid while you learn. Choose a focus birth - 36 months or center-based preschool for ages 3 - 5 years. Course includes: 120 hours of online instruction and participating in optional 60 hours of work-ready instruction.

Grant funding provided by



HAROLD ALFOND CENTER
FOR THE ADVANCEMENT OF
MAINE'S WORKFORCE



To register, please visit

bit.ly/CWPDRegistration or call 207-755-5280

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1250 Turner Street, Auburn, ME 04210

Certified Nursing Assistant Training (CNA)

Mount Joseph at Waterville, in collaboration with RSU 54 Adult & Community Education and Eastern Maine Development Corporation (EMDC/CCI), is offering a CNA course.



[https://commons.wikimedia.org/wiki/File:Truckee_Meadows_Community_College_\(10696844234\).jpg](https://commons.wikimedia.org/wiki/File:Truckee_Meadows_Community_College_(10696844234).jpg)

- 70 hours of classroom
- 60 hours of clinicals and labs
- Hands-on training at a local, long term care facility

Cost of the training is \$1,300

EMDC/CCI may be able to sponsor eligible candidates

Class begins October 25—For an application or FMI, contact us today!

Application deadline: October 12th

RSU54 Adult & Community Education

Jeremy Lehan, Director

207-474-7553

adulthood@msad54.org

**Classes will start October 25, 2022, and will be held every Tuesday, Wednesday and Thursday, ending December 15, 2022; state exam and graduation the following week. All classes, labs, and clinicals will be held at MJ in Waterville.*



We provide equal opportunity in employment and programs. Auxiliary aids and services are available upon request to individuals with disabilities.



BEGINS WEDNESDAY, OCTOBER 19

BUILDING A STRONG FUTURE

IN LEWISTON/AUBURN

Align your values and skills with local work that meets your needs such as wage, benefits, schedule, and training. In three online workshop sessions designed for women, you will be inspired and guided to build next steps for the future you envision. Along the way you'll connect with other women working toward a more fulfilling and rewarding career.



newventuresmaine.org

Wednesdays
Oct. 19 – Nov. 2, 2022
6:00 – 7:30 p.m.

Tuition-free online class
open to Maine adults

To sign up, call:
207-753-6531
or visit
bit.ly/NVMEClasses

New Ventures Maine is a statewide program of the University of Maine at Augusta, University of Maine System, an equal opportunity/affirmative action institution.

Questions?

Contact: Chris Morin
christina.m.morin@maine.edu

MARINE DESIGN



SOUTHERN
MAINE
COMMUNITY
COLLEGE

TRAINING

Learn Marine Design including 3D
Modeling & Visualization

Develop drafting skills for fabrication
& installation drawings

Resolve design related problems
during ship construction



WHEN

3-week training
Monday - Friday
7:30 a.m. - 3 p.m.

Upcoming 2022 dates:

July 25 - Aug. 12
Sept. 12 - Sept. 30
Oct 24. - Nov. 11
Nov. 28 - Dec. 16



WHERE

SMCC Midcoast Campus
29 Sewall Street
Brunswick, ME

INTERVIEWS:

General Dynamics Bath Iron Works
will conduct job interviews with
qualified applicants upon successful
completion of the program.

Prerequisites:

- At least 18 years old
- High School diploma, GED or HiSet
- U.S. Citizenship and/or authorization to work in the U.S. required. Additional hiring restrictions may apply*
- Resident of Maine
- Good computer skills (e.g., proficiency with Microsoft Office tools) required
- Ability to read, interpret and follow technical procedures, standards and work instructions required
- 3D CAD or AUTOCAD proficiency preferred
- Affected by the pandemic
- Testing may be required

Thank you to our partners:



HAROLD ALFOND CENTER
FOR THE ADVANCEMENT OF
MAINE'S WORKFORCE

GENERAL DYNAMICS
Bath Iron Works

For More Information and to Get Started Now,
email workforceregistration@smccME.edu or call **207-741-5955**

Southern Maine Community College does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, including gender identity or expression, disability, or age or marital, parental or veteran's status in its programs and activities.

*Applicants who are not U.S. Citizens and are from prohibited countries as designated in the U.S. International Traffic in Arms Regulations may be disqualified from working at GDBIW. For a current list of prohibited countries, please visit the following website: https://www.ecfr.gov/cgi-bin/text-id.pl?node=22.1.0.1.13.63&rgn=div5#sec22.1.126_11.

START YOUR CAREER AS A :

Scrub wearing

patient caring

bed making

temperature taking

hand holding

C.N.A. TODAY!

Our Residents NEED you!



440 Minot Avenue, Auburn, ME 04210

Is offering a C.N.A.

EARN WHILE YOU LEARN CLASS

Classes start: October 24th

- Class room hours online
- Clinical hours at Clover Health Care

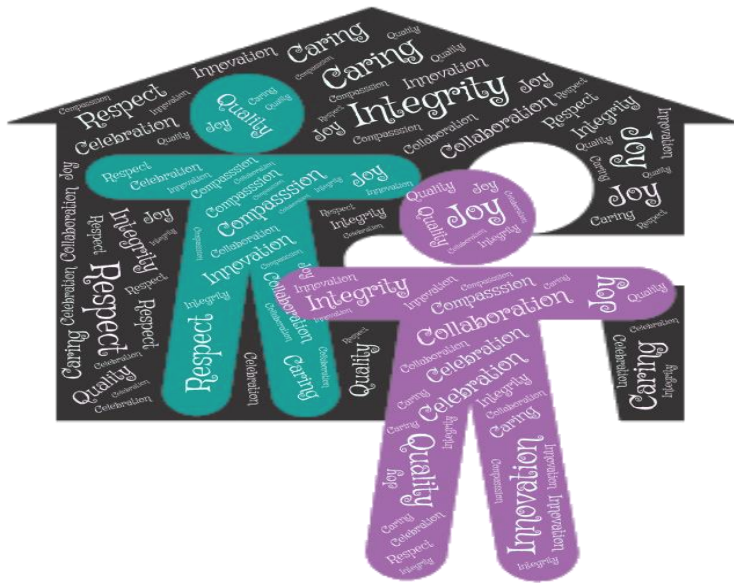
APPLY TODAY AT:

WWW.CLOVERHEALTHCAREMAINE.COM

Or scan the QR code apply:



FULL-TIME EMPLOYMENT OPPORTUNITIES AVAILABLE UPON CERTIFICATION



Free training!

BECOME A DIRECT SUPPORT PROFESSIONAL

How to apply – Call to see if you qualify for a scholarship! 207-956-1773

Requirements that must be completed by end of training:

- Must be at least 18 years old
- Minimum HS Diploma OR GED
- 2 Valid Forms of identification / work authorization
- At least Level 2 English Language Proficiency



Make a Difference

Have Fun at work

Learn Valuable Skills

Endless Career Possibilities

Empower Individuals to live meaningful & fulfilled lives!

Port Resources
280 B Gannett Drive
South Portland, ME 04106
(207) 828 - 0048

www.portresources.org

Classes start 10/25/2022!

SMCC Workforce Training

ADVANCED EMT TRAINING ACADEMY

Advanced Emergency Medical Technician



**Want more information?
Join an info session!**

Info sessions will be held via Zoom
(no registration needed).

9/14 - 9 a.m.

9/21 - 1 p.m.

9/28 - 3 p.m.

<https://zoom.us/j/92460978797>

**Expand your skillset with our
new Advanced EMT Training!**

**NO COST TO
TRAINEES!**

? ABOUT

Learn basic and limited advanced emergency medical care and transportation for critical and emergent patients accessing the emergency medical system.

Students must possess basic knowledge and skills necessary to provide patient care and transportation. AEMTs function as part of comprehensive EMS response, under medical oversight, performing interventions with basic and advanced equipment typically found in an ambulance.

📅 WHEN

Orientation:
Oct. 25, 2022

Course date:
Nov. 1, 2022 - April 28, 2023

Lecture held on Tuesdays, lab held Thursday
or Friday (dependant upon lab assignment).

All classes run from 8 a.m. - 4 p.m.

📍 WHERE

**Southern Maine
Community College**
South Portland Campus

PREREQUISITES

- At least 18 years of age
- High School diploma, GED or HiSet
- Resident of Maine
- Proof of authorization to work in the U.S.
- Current EMT license in State of Maine
- Affected by the pandemic
- Testing may be required

SUPPORTED BY:

The Maine Jobs & Recovery Plan



MAINE'S WORKFORCE
FOR THE ADVANCEMENT OF
MAINE'S WORKFORCE

GET STARTED NOW!

email workforceregistration@smccME.edu or call **207-741-5955**

Southern Maine Community College does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, including gender identity or expression, disability, or age or marital, parental or veteran's status in its programs and activities. For more information, please call 207-741-5798.

WORKFORCE & PROFESSIONAL DEVELOPMENT



We are proud to offer the Behavioral Health Professional Certificate beginning October 10 running through November 19, 2022, online & in person at Central Maine Community College in Auburn.

BHP certification is required for direct care providers working in Children's Behavioral Health Services. Individuals holding this certification can work in school or home/community setting for programs receiving MaineCare reimbursement for Section 28 & Section 65 home/community-based treatment, or Day Treatment Services and school based services

This program consists of 12 online modules developed by Woodfords Family Services, 1 online Bloodborne pathogens module, 2 live online instruction/assessment sessions on November 17 & November 18 from 10:00 AM - 2:00 PM, and an Adult/Pediatric First Aid/CPR course held in person at CMCC, Monday, October 24 or Wednesday, October 26 from 3:00 - 8:00 PM.

Please call 207-755-5280 for more information

What's Next?

Learn more, view full course descriptions and register at: bit.ly/CWPDRegistration

Email us: workforcedevelopment@cmcc.edu





Spruce Mountain Adult Education
EDUCATE • EMPOWER • ENRICH

CDL Class B Course

Interest List

November
2022

In partnership
with
Maranacook Adult Education

To register:

Go to our
website:

www.rsu73.maineadulted.org

Or

Give us a call

at

(207) 897-6406

VIRTUAL ASSISTANT TRAINING

FREE
TRAINING

Work from Home as a Virtual Assistant

These roles support businesses and companies in marketing, administrative, and/or management tasks. Through our program you will receive a certificate to specialize in Project Management or Digital Marketing, while also learning the basics of entrepreneurship, web-based tech tools, and successfully working remotely.

November 1, 2022 - April 15, 2023

- Completely online training
- Weekly self-paced assignments
- Meets one day per week for 1 hour via Zoom

SIGN UP NOW

kvcc.me.edu/workforce



For questions:
207-453-5083
workforce@kvcc.me.edu



**Eastern Maine
Community College**

**FREE Phlebotomy Training—
Fall 2022**

Dates

November 5—December 16

Lab sessions—Mondays
**In-person required*

Day time labs—8:30-11:30AM

OR

Evening labs—5:00-8:00PM

Other course work will be
online, asynchronous.

Location:

EMCC-Bangor
Rangeley Hall

Instructors:

Barbara Marchetta
Angela Parks

Cost: Free to students!

Course Number:

CEC N02 80 BI
56 hours

To Register:

Contact:
Kim Wilson-Raymond
EMCC Workforce Development
kwilsonraymond@emcc.edu
974-4629

Or Visit:

[www.emcc.edu/workforce-
development/](http://www.emcc.edu/workforce-development/)

*Eastern Maine Community College is an
equal opportunity/affirmative action
institution and employer.*



Eastern Maine Community College



**CEC N02 80 BI FREE TRAINING!
Introduction to Phlebotomy**

EMCC's Phlebotomy Program prepares you for a career in health care.

This program can advance your current skills as a health care professional. Learn to gather blood samples from patients in a laboratory setting using needles, syringes, vacutainer tubes, and other equipment. The program covers basic medical terminology, anatomy, laboratory math, blood composition, and infection control.

38 online course hours and 18 lab hours. (56 hours)

The Phlebotomy program is funded by the Maine Jobs and Recovery Plan, through the Harold Alfond Center for the Advancement of Maine's Workforce. Tuition, books, and exam fees are covered for students!

**For questions or to register, please contact Kim Wilson-Raymond,
kwilsonraymond@emcc.edu or call 207-974-4629.**



**Supported by Maine Jobs
and Recovery Plan*

Great College. Smart Choice

SMCC Workforce Training

WELDING TRAINING



SOUTHERN
MAINE
COMMUNITY
COLLEGE



**\$500 Weekly
Attendance
Incentive**

Learn trade-related skills for a well-paying career
in welding and **EARN WHILE YOU LEARN!**

**NO COST TO
TRAINEES!**

? WHAT

Topics covered include:

- Out of position T welds, groove welds, and vertical welds
- Stick and flux core, oxy cutting, and plasma cutting
- Non-destructive and destructive testing
- *and more!*

📅 WHEN

3-week training

January 2023
Monday - Friday
8 a.m. - 4:30 p.m.

📍 WHERE

**SMCC Midcoast
Hot Works Lab**
54 Orion St,
Brunswick, ME

PREREQUISITES

- Resident of Maine
- At least 18 years old
- High School diploma, GED or HiSet
- U.S. Citizenship and/or authorization to work in the U.S. required. Additional hiring restrictions may apply*
- Preference given to those with previous trade experience or training.
- Affected by COVID-19

Supported by: Maine Jobs & Recovery Plan

**Thank you to
our partners:**



GENERAL DYNAMICS
Bath Iron Works

Job Opportunities: *General Dynamics Bath Iron Works will conduct job interviews with qualified applicants upon successful completion of the program.*

GET STARTED NOW!

email workforceregistration@smccME.edu or call **207-741-5955**

Southern Maine Community College does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation, disability, age or marital, parental, or veteran's status in its programs and activities. For more information, please call 207-741-5798.

*Applicants who are not US Citizens and are from prohibited countries as designated in the US International Traffic in Arms Regulations may be disqualified from working at GDBIW. For a current list of prohibited countries please visit the following website: https://www.ech.gov/cg-bin/sex-id.rnode+22:1.0.1.13.63&ign=div3Rse22.1.126_11

Logistics & Supply Chain Management I & II



Logistics & Supply Chain Management is a nationally portable, industry-led program that prepares individuals for front-line material handling and supply chain logistics job in fulfillment centers, warehouses, distribution centers, and factories. This online training program includes a stackable certification for employees with the 21st Century, in-demand skills needed for long-term career paths in over 5.8 million supply chain logistics jobs.



CLT

Certifications

In Partnership with MSSC, Washington County Community College is offering two optional training courses which combine interactive, online training with instructor-led material to help individuals learn the basic skills and knowledge required for material handling jobs that will prepare them for certification and their career.

Foundation-level Certified Logistics Associate

- Demonstrate an understanding of the various roles in the global supply chain logistics life cycle
- Demonstrate an understanding of the logistics environment
- Relevant equipment and operations
- Practice safety principles
- Practice teamwork and good workplace behaviors to solve problems
- Use relevant computer systems and application to increase productivity

Mid-level Certified Logistics Technician

- Receive products
- Stock products
- Process orders
- Prepare packages for shipment and ship products
- Maintain control of inventory
- Handle hazardous materials in a safe manner
- Evaluate transportation modes
- Perform dispatch, routing and tracking operation
- Understand U.S. measurements and metric system conversions

Logistics & Supply Chain Management I must be successfully completed before enrollment can occur into Logistics & Supply Chain Management II

WCCC does not discriminate on the basis of color, religion, national origin, sex, sexual orientation, disability, age or marital, parental, or veteran's status in its programs and activities.



Washington County
Community College

One College Drive
Calais, ME 04619
207.454.1040 / 800.210.6932

**Eastern Maine
Community College**

**FREE Medical Assisting
Training**

Dates

Fall Semester:
October 6 — December 16

Spring Semester:
January 17 — May 12

Summer Externship:
May 22 — August 22 (approx.)

Lab sessions — Thursdays
**in-person, mandatory*

Afternoon lab — 2:30-5:15PM

OR

Evening lab — 5:30-8:15PM

Location:

Waldo County Technical Center
1022 Waterville Rd, Belfast ME

**Other course work will be
online, asynchronous.*

Instructors:

Barbara Marchetta
Angela Parks

Cost: Free to students!

To Register:

Contact:
Kim Wilson-Raymond
EMCC Workforce Development
kwilsonraymond@emcc.edu
974-4629

Or Visit:

www.emcc.edu/workforce-development/

*Eastern Maine Community College is an
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institution and employer.*



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FOR THE ADVANCEMENT OF
MAINE'S WORKFORCE

**Supported by Maine Jobs
and Recovery Plan*



Eastern Maine Community College



Medical Assistant — Waldo County free training!

Medical Assistants are multi-skilled allied health professionals specifically trained to work in ambulatory settings such as physicians' offices, clinics, and group practices, performing administrative and clinical procedures. Students are provided with extensive hands-on training in both entry-level and advanced medical assistant competencies in accordance with the American Association of Medical Assistants (AAMA) Essential Guidelines. Graduates of the program are eligible to sit for the Certified Medical Assistant (CMA) national certification exam administered by the American Association of Medical Assistants (AAMA).

This free Medical Assisting program is funded by the Maine Jobs and Recovery Plan, through the Harold Alfond Center for the Advancement of Maine's Workforce. Tuition, books, scrubs and exam fees are covered for students!

For questions or to register, please contact Kim Wilson-Raymond, kwilsonraymond@emcc.edu or call 207-974-4629.

Great College. Smart Choice

CompTIA NETWORK+ COURSE

**PROGRAM
REGISTRATION**
bit.ly/CWPDRegistration



COURSE DATES:

Enroll Anytime 7 week course

Monday and Wednesdays

8:30 AM to 12:30 PM

or 4:30 PM - 8:30 PM

Tuesdays and Thursdays

Classes held in person at Central Maine Community College
1250 Turner Street, Auburn ME 04210

**FREE
TRAINING!**



**WORKFORCE & PROFESSIONAL
DEVELOPMENT**

Central Maine Community College is an equal opportunity/affirmative action institution and employer.
For more information, please visit www.cmcc.edu/eeoc or call the Office of Human Resources at (207) 755-5396.

For more information, please contact:
Center for Workforce & Professional Development
1250 Turner Street | Auburn, ME 04210
workforcedevelopment@cmcc.edu | (207) 755-5280

Maine Job Corps

FREE FREE FREE

To Youths between 16 and 24 years

 CAREERS BEGIN HERE	
TRAIN Successful careers require a strong foundation.	LEARN Further your education and gain new skills to advance your career.
LIVE Become part of a community that encourages growth and success.	CONNECT Network with employers and community leaders.

Orientation/information Session

In-person and Open to Public

Held the 1st and 3rd Wednesday of each month

From 1pm to 2pm

Tri-County Career Center

45 Oak Street, Bangor

Presented by Debra Boyle, Admissions Counselor

Maine Job Corps

207-745-1539

Boyle.debra@jobcorps.org



Lewiston Public Schools & The Center for
Workforce & Professional Development Present:

EDUCATOR PATHWAY PROGRAM



This program, which is funded through the Maine Workforce Development Compact, is designed to help you become a Certified Educational Technician (Ed Tech) Level 1, 2 or 3, or a Certified Professional Educator. We can even help you through the re-certification process!

This program is **FREE** and includes courses required for certification by the Maine Department of Education, plus many more!

- EDU 185 Fundamentals of Educating Students with Special Needs
- PSY 111 Developmental Psychology
- PSY 114 Child Development
- EDU 222 Social Justice & Diversity in the Classroom

To qualify, students must be employed by Lewiston Public Schools or apply for scholarship funding on an individual basis.

For more information and to register, please contact:

Aimee Edmunds

☎ 207-755-5379

✉ aedmunds@cmcc.edu

Diane Crockett

☎ 207-755-5282

✉ dcrockett@cmcc.edu



Make Your Move!

Take The First Step Toward A Thriving Career In Tech With
UNIQUE SYSTEM SKILLS.

Our Courses

Tableau | Core Java | AWS DevOps
Big Data & Hadoop | Salesforce



Enroll Now!

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training_usa@systemskills.com

www.systemskills.com